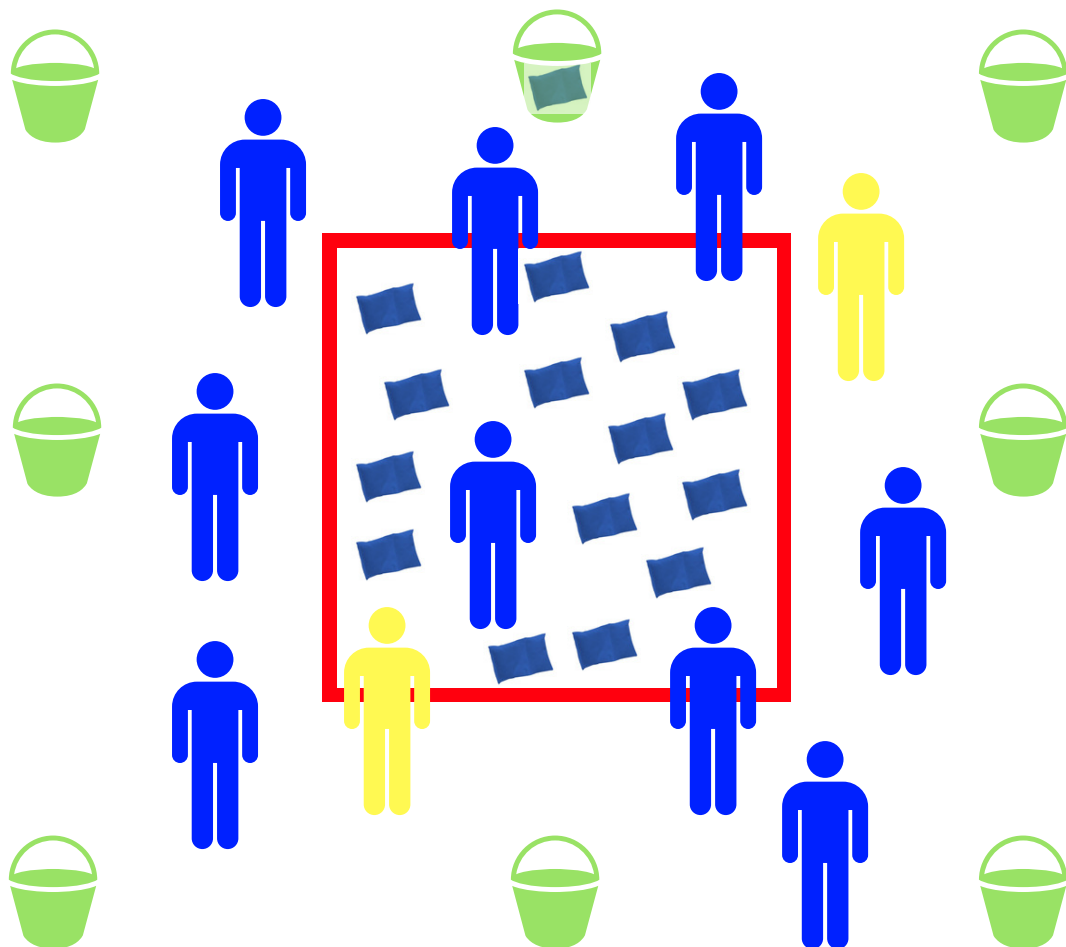


# Bean Bag Bucket Tag



The PE Shed

**Focus:** To improve underarm throwing accuracy



## How to do the activity

- Place buckets around the edge of the playing area.
- Mark an inner square and fill it with bean bags.
- Select 2-5 taggers (depending on group size).
- Students (Blue) and taggers (Yellow) can move anywhere.
- If a student gets tagged they go to the inner square and collect 1 bean bag. To get freed the student has to underarm throw the bean bag into any bucket. If they miss, they must retrieve it and try again.
- If they throw it into the bucket they are free.
- Taggers win once all of the bean bags have gone from the inner square. You can play a timed game.

## Questions to ask

- What can students do to not get tagged?
- What is an underarm throw?
- How do we do a correct underarm throw?

## What you'll need

- Spots/Cones to mark the area, bean bags and buckets.

### Make this task easier

- Increase the size of the playing area.
- Increase the size of the throwing area.
- Increase the size of the buckets.

### Make this task more challenging

- Reduce the size of the playing area.
- Reduce the size of the throwing area.
- Reduce the size of the buckets.