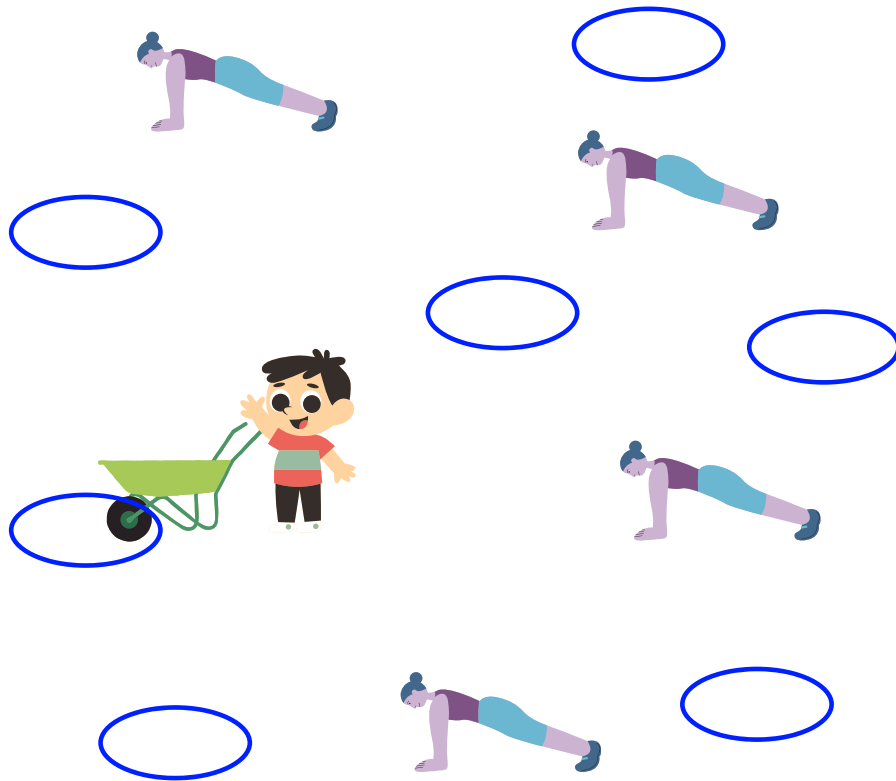


Wheelbarrow Tag

Focus: To coordinate movement and build strength of hands & arms



How to do the activity

- Choose Taggers
- All players start in a space
- On "go" if a player gets tagged they must hold the position on hands and feet in the picture
- To save a player another player must lift up the caught players legs (holding onto their ankles) and the caught player becomes a wheelbarrow. They must walk this player to a hoop to save them.
- A player walking the wheelbarrow cannot get caught until they have lowered the players legs.
- The saved player is free to continue the game now.

Questions to ask

- What is the best way of holding the wheelbarrow?
- Is moving fast or slow with your hands/arms better? Why?
- Why do you think we play this game?

What you'll need

- Hoops

Make this task easier

- For Tagger - Reduce size of playing area
- For Players - Increase the size of the playing area
- For Tagger - Reduce the number of hoops

Make this task more challenging

- Add more taggers
- Make the wheelbarrow visit 2 hoops to be freed
- Alter the number of hoops